

MENTAL HEALTH AWARENESS, RESOURCES & SUPPORT

For Individuals, Families, & Students of Chinese Heritage

Sunday, April 14th, 2019

**Carl A. Fields Center, Rm 104,
Princeton University**

**FREE ADMISSION.
REGISTRATION REQUIRED**

The forum will be conducted in English with some Chinese language support via bilingual slides when possible.

Contact Josephine Ho for any questions regarding the event or sponsorship at jho@appliedinfo.com or (732) 507-7348

SPONSORSHIP OPPORTUNITY:

Corporate Sponsor: \$500

Individual Sponsor: \$200

Check payable to:
United Chinese Americans (UCA)
1050 Connecticut Avenue NW, Suite 500
Washington DC 20036

PROGRAM

1:30pm: Registration

2:00pm: Dr. Eva Lu - Opening Remarks
"Overview of Chinese American Community
Mental Health Needs"

2:15pm: Resources and Support from Mental
Health Professionals
Dr. Calvin Chin - Psychologist
Dr. Wei Wang- Psychiatrist
April Yu - LCSW

3:30pm: Diana Chao - Personal Experience
with Mental Health

4:00pm: Panel Discussion

5:20pm: Closing Remarks

**Scan code or click
image to RSVP by
4/10/2019**



P.E.A.R.L.
INSTITUTE OF NEW YORK



PANELISTS

DR. YUHWANG EVA LU Associate Professor at the Silver School of Social Work, NYU

Dr. Yuhwa Eva Lu is an associate professor at the Silver School of Social Work at New York University. For the past 30 years, Dr. Lu has worked as a teacher, a clinician, a researcher and an international trainer. She has developed numerous international, national and local cross-cultural training programs. She received her BEd degree from National Taiwan Normal University, and Ph.D. degree from San Diego State University & Claremont Joint Doctoral Program. Since 2010, she has served as the president of the Asian & Pacific Islander Social Worker Educators Association (APISWEA). She is the founding president of P.E.A.R.L. (Pacific Education, Advocacy, Research, and Learning) Institute (1993).

DR. CALVIN CHIN Psychologist, Director of Counseling & Psychological Services

Calvin Chin is Director of Princeton's Counseling & Psychological Services. Prior to coming to Princeton, he was Director of Counseling at John Jay College of Criminal Justice and also Assistant Director at Columbia's Counseling Services. He did his doctoral work at NYU. He completed his internship at Bellevue Hospital Center and postdoctoral fellowship at Columbia University. He specializes in Asian American mental health, negotiating multiple identities, and college counseling center outreach and preventive work.

DR. WEI WANG Psychiatrist, Medical Director of Psychiatric Care Associates PA & Premium CBT

Dr. Wei Wang is the medical director of Psychiatric Care Associates PA and Premium CBT. She graduated from Tongji Medical University. She finished adult psychiatry residency at Albert Einstein School of Medicine and Montefiore Hospital, and did her child fellow in Cornell Weil Medical Center. She worked in Gouverneur Hospital for four years and gained first hand experience with Chinese American mentally ill population in Chinatown area. In 2004, she became medical director of Hoboken University Medical Center Adult Psychiatric Unit and High Focus Center in Paramus, NJ. Currently she owns Psychiatric Care Associates, PA and PremiumCBT.

APRIL XINRAN YU LCSW, Founder of LookAfter & MAZE

April Yu is a licensed clinical social worker, supporting Chinese families and international students in their cross-cultural challenges. She came to the US as an international student and graduated from University of Illinois Urbana-Champaign with Master of Social Work degree. Her overseas experience leads her to raise mental health awareness for her very own group. She founded LookAfter, a student support program for young international students, and MAZE Professional Network, a social innovation platform for empowering actions among cross-cultural mental health professionals.

DIANA CHAO Youth Mental Health Advocate

Diana Chao is a 20-year-old first-generation Chinese-American. At 14, Diana founded Letters to Strangers, a global youth-run mental health nonprofit impacting 30,000+ people on six continents and recognized by the White House, NAMI, and more. Diana's "Minority Mental Health Month" photography series went viral with 2 million+ views, her TEDxTeen speech at Times Square has been viewed over 55K times, and she tours worldwide speaking about youth mental health.

CO-HOSTS:

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Mental Illness of New
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